

Emergency Packing Ideas and Evacuation Tips

The situation may be different if you're facing a fire, flood, or serious storm, but here are some common elements:

- Don't count on emergency broadcasts, instead note the checklist (right) to see if you are in imminent danger.
- Turn on your sprinklers if you're evacuating a fire. It can help save shrubs and also any collectibles fire fighters may be able to salvage.
- Grab mementos, photos, and records if time permits. Watch this YouTube about what to take: <https://www.youtube.com/watch?v=UHH0xhkV-C8>
- Give yourself some space. Try to stay about an hour away from a large event so you have fresh air and can regroup when you're not on site.
- Ask for an evacuee rate at hotels. Sometimes management will temporarily give a 50 percent or more discount during an emergency to victims.
- Create a central contact outside the area. Ask a friend or family member to be your point person so concerned friends, co-workers, school associates and more can know you are safe and how to help.



Emergency Situation

In an emergency, consider life-changing factors:

- Listen to authorities. It's critical to leave when they tell you to.
- Don't count on notification systems. Your eyes are the best judge. Look out your windows, walk or drive the perimeter, taking the winds into account. Our fire moved 25 miles in a few hours overnight.
- Do NOT count on the media to be accurate in a widespread event. They may be hours behind.
- DO watch Twitter as regular people post current, in-the-moment road closures and happenings.



Ask a friend to coordinate communication.

Single Point of Contact

When evacuating, appoint a close friend or family member as your communications captain. In the coming days and weeks, you will need every ounce of energy and determination to find the path forward for you and your loved ones. There's just no extra energy to keep repeating your story over and over to friends, media, and even those with good wishes or just curious onlookers that want to know the details. Protect yourselves and save that energy. This is one of the best tips in

Who is Elizabeth Van Tassel, Resilience Expert?

As a gemologist and wildfire survivor, Elizabeth Van Tassel really has lived with diamonds, losing everything, and persevering through seasons of miracles and great loss. Determined to thrive, rather than just get by after adversity hit, her creative eye and stories of survival help others rise above circumstances with practical, time-saving, fun-infused lifestyle tips for families, single-parents, kids, and adults. After being evacuated three times, and losing everything once, she still lives in southern California with her husband and sons, her most precious things in life.



"Burned to the ground ... everything is gone ..." Devastating words Author/Speaker Elizabeth Van Tassel never dreamed she would hear. The gemologist's bejeweled life had swiftly been brought to char and ash by the catastrophic southern California 2007 wildfires. Would she rise again or drift like the cinders of her life in the Santa Ana winds?

Elizabeth's Products For Resilience

Guiding you in the three stages of loss recovery: Immediate Needs, Searching the Remains, and Charting A New Beginning. Put helpful tips to guide concerned people in how to help along the way.

The Bridge

Recovery From Traumatic Loss By Elizabeth Van Tassel ©2016

Moving From Survival To Thriving

The early stages of loss, through living fulfilled and bonding together as a family

You never would have asked to take this journey, but suddenly you are forced to hold fast. Fire or floods leave you close by, and you're wondering what to do. What do you pack when you may never return? Or you've lost everything and are grappling with the first steps of recovery. Or you're ready to really make a new beginning, and learn from this experience. You're searching for ingredients to become that phoenix rising from the ashes, and I'm here to help you in each and every phase.

Resilience

Wildfire survivor and resilience expert Elizabeth Van Tassel guides you through the three stages of recovery from traumatic loss, such as fires, floods, catastrophic events, or any kind of new beginning.

More Inside!

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The Bridge, Recovery Guide

The Resilient Authors Project

Inspiration Bringing Light To The Dark Corners of Life

12 Authors • Countless Insights • Fresh Resolve • Examples of Renewal

Hosted By Elizabeth Van Tassel

The Resilient Authors Project
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The Resilient Authors Charity Project

Rebuilding Your Life After Disaster Strikes

Seven Steps To A New Beginning With Bonus: The One Secret To Never Forget, To Avoid Losing It All Again

with Elizabeth Van Tassel
Resilience Expert and Wildfire Survivor

ElizabethVanTassel.com

Rebuilding Your Life Videos



Elizabeth's products help others shorten their paths through new beginnings and keep a resilient outlook. Her resources have been seen on television. And her fantasy writing, on the way soon, is receiving attention for its wit and humor with reaching today's teens and tweens.



Keystone Great Beginnings Contest.



Live A Resilient Life Elizabeth Van Tassel

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